

## Online Courses April - May 2025

Course Code	Course Title	Start	End	Day	Start Time	End Time
149489	Supporting Your Child's Anxiety	24/04/25	24/04/25	THU	12:30	14:30
149882	Fathers Matter	29/04/25	29/04/25	TUE	19:00	21:00
149497	Understanding Your Teenager	29/04/25	20/05/25	TUE	19:00	21:00
149919	Supporting ADHD In The Home	01/05/25	22/05/25	THU	09:30	11:30
148525	Keeping Up With The Children - Maths	07/05/25	28/05/25	WED	12:30	14:30
149428	Stepping Up Into Primary	07/05/25	07/05/25	WED	09:30	11:30
149492	Supporting Your Child's Anxiety	07/05/25	07/05/25	WED	19:00	21:00
149517	Exploring Behaviour Strategies	12/05/25	12/05/25	MON	10:00	12:00
148668	Family First Aid	12/05/25	19/05/25	MON	09:30	11:30
149513	Navigating The Perimenopause & Menopause Workshop	14/05/25	14/05/25	WED	19:00	21:00

To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.



**To book your place on one of these FREE courses, go to [www.kentadulthoodeducation.co.uk](http://www.kentadulthoodeducation.co.uk) and enter the course code into the search box.**

**For further information, email [businesssupport2@kent.gov.uk](mailto:businesssupport2@kent.gov.uk)**

**Call 03000 41 22 22**

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